

Girls						
Runner	Year	P.R.	Place	Finish Time	Ave	Varsity Pts.
Jodi Robinson	9		20	19:47.0	06:22.9	3
Cassie DiMarino	11		22	19:50.0	06:23.9	3
Laura Varble	11	20:41.0	42	20:39.0	06:39.7	3
Jamie Varble	11	20:39.0	46	20:52.0	06:43.9	3
Laura Gauthier	10		48	20:54.0	06:44.5	2
Zarah Quinn	10		64	21:32.0	06:56.8	2
Emily Buttram	9		71	22:03.0	07:06.8	1
Rachel Zoyhofski	10		29	22:33.0	07:16.5	3
Sarah Wilcox	12		54	23:50.0	07:41.3	3
Carley DeFranco	10		58	23:54.0	07:42.6	3
Kim Brady	12		64	24:03.0	07:45.5	3
Lauren Tomkinson	9		70	24:12.0	07:48.4	2
Lea Paris	10		75	24:22.0	07:51.6	2
Kaylee Johnson	9		131	26:01.0	08:23.5	2
Caitlyn Penke	9		135	26:10.0	08:26.5	1
Nicole Staie	10		149	26:52.0	08:40.0	1
Meggie Crandall	10		175	28:34.0	09:12.9	1
Kasandra Wong	10		182	28:54.0	09:19.4	1
Jillian Cole	11		DQ	00:00.0	00:00.0	1
Miranda Melville	12			00:00.0	00:00.0	
KC Meyer	11			00:00.0	00:00.0	
Team Scores						
Varsity				JV		
Hilton	36			CNS	39	
Greenwich	46			B'Ville	57	
Cicero North Syracuse	86			Hilton	105	
Baldwinsville	157			Liverpool	107	
Rush-Henrietta	178			Saranac	163	
Liverpool	184			T. Edison	191	
17 teams				RH	275	15 teams

Boys						
Runner	Year	P.R.	Place	Finish Time	Ave	Varsity Pts.
Matthew Prok	12	16:16.0	23	17:11.0	05:32.6	3
Terry Brady	10	18:34.0	31	17:22.0	05:36.1	3
Jason Comstock	11		32	17:24.0	05:36.8	3
Corey Stappenbeck	10	17:55.0	40	17:35.0	05:40.3	3
Sean Day	10	18:48.0	49	17:49.0	05:44.8	2
Brian Hotchkiss	9		50	17:50.0	05:45.2	2
Brad Sauln	9		62	18:06.0	05:50.3	2
Brian Haskell	10	18:31.0	8	18:01.0	05:48.7	3
Nick Line	10	17:59.0	11	18:13.0	05:52.6	3
Mark Repka	10	20:10.0	22	18:42.0	06:01.9	3
Kyle Penke	12	18:45.0	27	18:54.0	06:05.8	3
Sean Conner	10	19:39.0	30	19:02.0	06:08.4	3
Mitch Haynes	9		37	19:12.0	06:11.6	3
Brad Sauer	12	18:20.0	45	19:16.0	06:12.9	3
Josh Hair	9		59	19:33.0	06:18.4	3
Paul McKee	11	20:49.0	64	19:41.0	06:21.0	3
Joe Donnelly	12		101	20:31.0	06:37.1	2
Adam Wilcox	9		144	22:03.0	07:06.8	1
Sam Smith	10	28:16.0	152	22:26.0	07:14.2	1
Kenny Wooten	11		161	22:52.0	07:22.6	1
Dakota Wong	10		172	23:38.0	07:37.4	1
Lloyd Smith	10	22:43.0	181	23:49.0	07:41.0	1
Adam McArthur	10			00:00.0	00:00.0	
Eli Pessin	10			00:00.0	00:00.0	
Ian Shoenberger	11			00:00.0	00:00.0	
Shawn Kelly	10			00:00.0	00:00.0	
Team Scores						
Varsity				JV		
CNS	74			CNS	18	
Ithaca	91			Ithaca	61	
Victor	108			RH	98	
Marcellus	136			B'Ville	184	
Hilton	150			Liverpool	188	
B'Ville	161			15 teams		
RH	175					

## Post Race Coaches Notes:

Attached are the results and updated point sheet from Baldwinsville. It was a very good meet for RH. The team has been working hard and this was their hardest week of training all season. They responded with good team results and individual performances. It was also a great race to watch Hilton (#1 in the nation) barely get by Greenwich H.S., Greenwich is a class C school and they only lost by 10 points.

Gaps	Girls	Boys
1-5	01:07.0	00:38.0
1-7	02:16.0	00:55.0

**Brian Hotchkiss** breaks the freshman record; the old record was held by **Corey Stappenbeck** 17:55, 2005

**Jodi Robinson** posted the 7th fastest performance ever by an RH runner.

**Cassie DiMarino** ran the 8th fastest time ever and breaks the junior record of 20:21 held by **Lauren McDonald** in 2003.

## Most Outstanding Meet Performers

Most Outstanding Meet Performances go to **Terry Brady** and **Kim Brady**, both had exceptional races. What ever they ate and the hours they slept Thursday and Friday they should do the same thing each week. Great races!

We race Tuesday at Harris Whalen Park in Penfield vs. Churchville Chili, Brockport, East Irondequoit and East Rochester. On Saturday it is the McQuaid Invitational at Genesee Valley Park. One of the top five high school meets in the nation with over 250 schools and 5000 runners.

**Coach De May**