

## 2006 McQuaid Invitational

Genesee Valley Park

5k / 3.1 miles

September 30, 2006

<b>Gaps</b>	<b>Girls V</b>	<b>Girls Soph</b>	<b>Boys V</b>	<b>Boys VB</b>	<b>Boys Soph</b>
<b>1-5</b>	1:24	1:19	1:34	0:59	0:29
<b>1-7</b>	3:04	2:10	1:42	3:16	1:26

**Brian Hotchkiss** breaks the RH freshman course record

**Jodi Robinson** posted the 2nd fastest performance ever by an RH runner and set a new RH Freshman record

**Cassie DiMarino** ran the 5th fastest time ever by an RH runner and set a new RH Junior record

### **Most Outstanding Meet Performers**

**Jodi Robinson** was running about 28th place at the halfway point and worked her way up to 13th.  
Her performance 19:04 is the second fastest ever by an RH Lady Comet.

**Brian Hotchkiss** was our second man to finish in the sophomore boys race and he is only a freshman.  
Brian's time is a freshman school record, beating our Corey Stappenbeck's performance of last year by 28 seconds.

### **Next Meet**

Our next meet is Tuesday 10/3 at Mendon East. R-H is the host school. We race Webster Schroeder, Spencerport and Brighton.

### **Coach De May**

McQuaid Inv

Coaches Comments							
Race Date:	9/30/2006						
Girls Gap	V	VB	Soph	Boys Gap	V	VB	Soph
1-5	01:24.0		01:19.0	1-5	01:34.0	00:59.0	00:29.0
1-7	03:04.0		02:10.0	1-7	01:42.0	03:16.0	01:26.0
Most Outstanding Meet Performances go to							
Team Scores							
Sophomone Girls				Varsity Girls			
1. Burnt Hills	40	1. FM		42			
2. Penfield	96	2. West Genesee		105			
3. Vestal	96	3. Liverpool		119			
4. Brighton	126	4. Ithaca		134			
13. R-H	302	5. Fairport		143			
16 Teams		6. R-H		154			
		11 Teams					
Sophomore Boys		Varsity B Boys		Varsity Boys			
1. R-H	74	1. Fairport		25		1. Canon McMillan	160
2. Bringhamton	91	2. Washingtonville		95		2. McQuaid	163
3. Burnt Hills	93	3. Ithaca		123		3. Brockport	165
4. Corning	172	17. R-H		474		4. Horseheads	215
30 Teams		29 Teams				18 R-H	394
						28 Teams	

## McQuaid Inv

Girls								
Runner	Year	P.R.	Place	Finish Time	Ave	Varsity Pts.	Race	New PR by:
Jodi Robinson	9		13	19:04.0	06:21.3	3	v	
Cassie DiMarino	11		26	19:28.0	06:29.3	3	v	
Laura Varble	11	20:42.0	41	20:05.0	06:41.7	3	v	00:37.0
Jamie Varble	11	20:42.0	60	20:24.0	06:48.0	3	v	00:18.0
Laura Gauthier	10		66	20:28.0	06:49.3	3	v	
Zarah Quinn	10		92	21:04.0	07:01.3	3	v	
Sarah Wilcox	12	24:36.0	134	22:08.0	07:22.7	2	v	02:28.0
Miranda Melville	12	22:57.0	135	22:09.0	07:23.0	2	v	00:48.0
Kim Brady	12		192	22:52.0	07:37.3	2	v	
KC Meyer	11		200	23:15.0	07:45.0	1	v	
Rachel Zoyhofski	10		41	21:54.0	07:18.0	3	soph	
Lea Paris	10		62	22:43.0	07:34.3	3	soph	
Carley DeFranco	10		81	23:11.0	07:43.7	2	soph	
Lauren Tomkinson	9		82	23:12.0	07:44.0	2	soph	
Kaylee Johnson	9		93	23:13.0	07:44.3	2	soph	
Meggie Crandall	10	25:59.0	119	23:17.0	07:45.7	2	soph	02:42.0
Nicole Staie	10	26:20.0	164	24:04.0	08:01.3	1	soph	02:16.0
Kassandra Wong	10	24:28.0	172	25:29.0	08:29.7	1	soph	
Caitlyn Penke	9		179	25:35.0	08:31.7	1	soph	
Emily Buttram	9			00:00.0	00:00.0			
Jillian Cole	11			00:00.0	00:00.0			

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Boys								
Runner	Year	P.R.	Place	Finish Time	Ave	Varsity Pts.	Race	New PR by:
Matthew Prok	12	16:26.0	26	16:51.0	05:37.0	3	v	
Jason Comstock	11		44	17:13.0	05:44.3	3	v	
Sean Conner	10	19:05.0	101	18:03.0	06:01.0	2	v	01:02.0
Shawn Kelly	10	18:55.0	106	18:06.0	06:02.0	2	v	00:49.0
Mitch Haynes	9		132	18:25.0	06:08.3	2	v	
Brad Sauer	12	18:34.0	137	18:28.0	06:09.3	1	v	00:06.0
Kyle Penke	12	19:20.0	140	18:33.0	06:11.0	1	v	00:47.0
Nick Line	10	17:52.0	71	18:35.0	06:11.7	3	vb	
Josh Hair	9		92	18:49.0	06:16.3	3	vb	
Eli Pessin	10	19:42.0	105	18:57.0	06:19.0	3	vb	00:45.0
Paul McKee	11	21:50.0	136	19:15.0	06:25.0	2	vb	02:35.0
Adam Wilcox	9		204	19:34.0	06:31.3	2	vb	
Jessie Dilella		20:59.0	249	21:22.0	07:07.3	1	vb	
Sam Smith	10		282	21:51.0	07:17.0	1	vb	
Lloyd Smith	10	22:27.0	291	22:07.0	07:22.3	1	vb	00:20.0
Dakota Wong	10		303	22:29.0	07:29.7	1	vb	
Terry Brady	10	18:37.0	10	17:03.0	05:41.0	3	soph	01:34.0
Brian Hotchkiss	9		15	17:18.0	05:46.0	3	soph	
Corey Stappenbeck	10	17:46.0	16	17:20.0	05:46.7	3	soph	00:26.0
Brian Haskell	10	18:09.0	18	17:24.0	05:48.0	3	soph	00:45.0
Brad Sauln	9		25	17:32.0	05:50.7	3	soph	
Mark Repka	10	20:10.0	33	17:46.0	05:55.3	3	soph	02:24.0
Sean Day	10	19:12.0	67	18:29.0	06:09.7	3	soph	00:43.0