

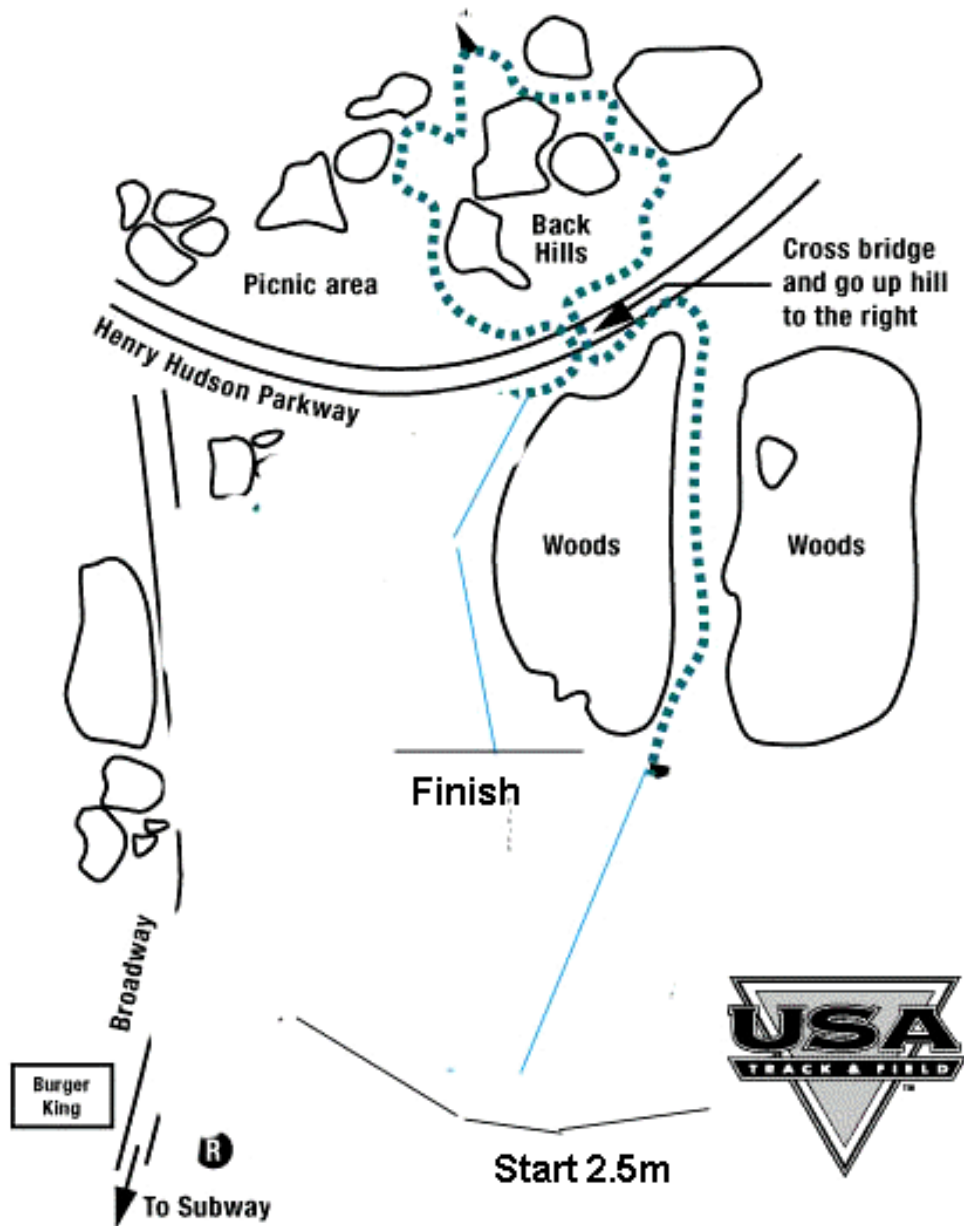
Van Cortlandt Park

2.5m course map

(Manhattan College, Eastern States and CHSAA)

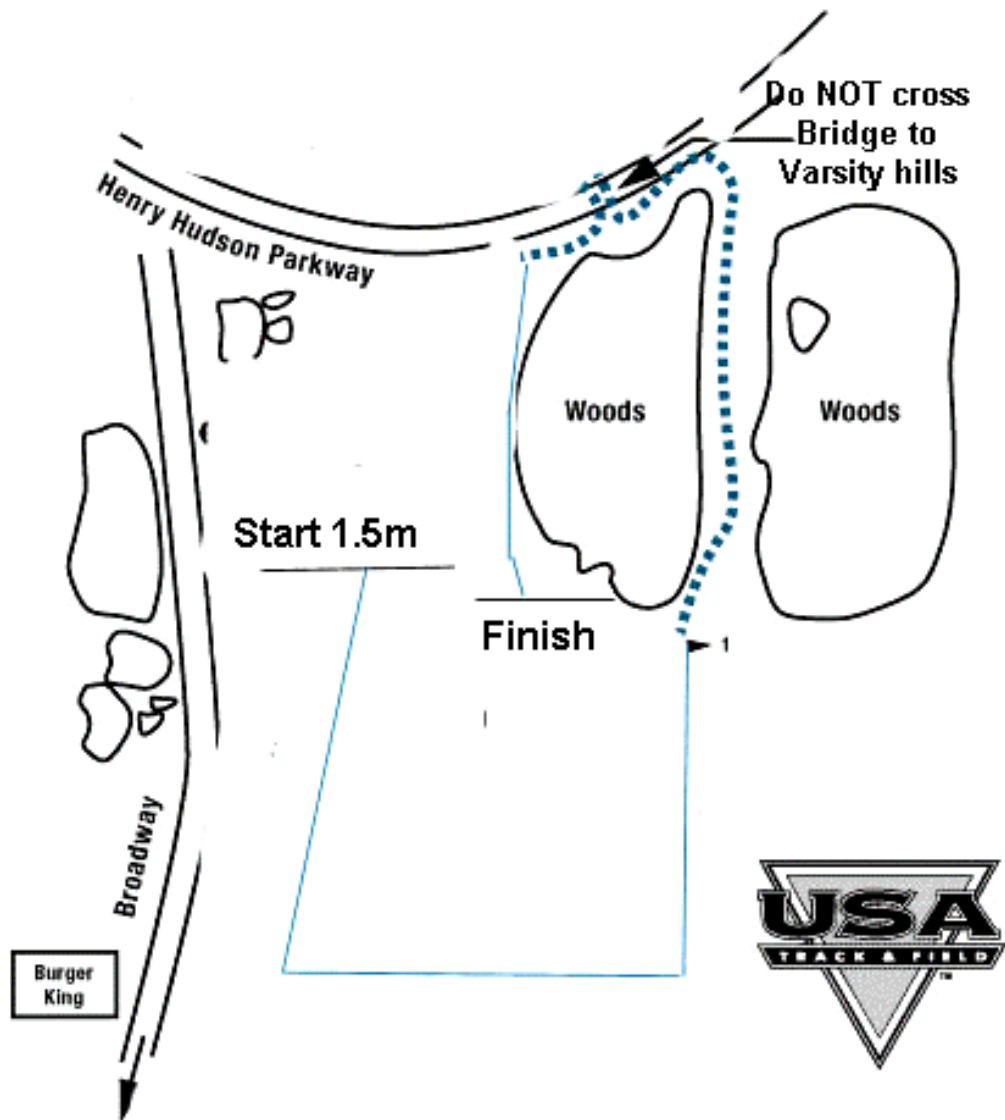
--follow solid lines for start and finish flats, dotted lines for hills

❖ COURSE MAP ❖



1.5 mile Freshman/modified course

❖ COURSE MAP ❖



Foot Locker/PSAL 5,000 meter Course

❖ COURSE MAP ❖

